



The St J's Group

HOLY COMMUNION

10.30am - Sunday 19th May 2024 - Pentecost

"Go home to your family and tell them how much the Lord has done for you, and how he has had mercy on you." So the man went away and began to tell in the Decapolis how much Jesus had done for him. And all the people were amazed.- Mark 5:19-20

Welcome/Notices

Hymn

Be still for the presence of the Lord
The holy one is here
Come bow before him now
With reverence and fear
In him no sin is found
We stand on holy ground
Be still for the presence of the Lord
The holy one is here
Be still for the glory of the Lord
Is shining all around
He burns with holy fire
With splendour he is crowned

How awesome is the sight
Our radiant king of light
Be still for the glory of the Lord
Is shining all around
Be still for the power of the Lord
Is moving in this place
He comes to cleanse and heal
To minister his grace
No work to hard for him
In faith receive from him
Be still for the power of the Lord
Is moving in this place

Confession

Lord God, we have sinned against you; we have done evil in your sight. We are sorry and repent. Have mercy on us according to your love. Wash away our wrongdoing and cleanse us from our sin. Renew a right spirit within us and restore us to the joy of your salvation; through Jesus Christ our Lord. Amen.

Communion

Gratitude, praise, hearts lifted high voices full and joyful; these you deserve. For when we were nothing, you made us something; when we had no name and no faith and no future, you called us your children; when we lost our way or turned away, you did not abandon us; when we came back to you, your arms opened wide in welcome. And, look, you prepare a table for us offering not just bread, not just wine, but your very self so that we may be filled, forgiven, healed, blessed, and made new again. You are worthy to receive all our praise. So we join our voices to those of the Church on earth and in heaven;

Holy, holy, holy, God of power and might, Heaven and earth are full of your glory, Hosanna in the highest.

Lord Jesus Christ, present with us now, for all that you have done and all that you have promised what have we to offer?

Our hands are empty, our hearts are sometimes full of wrong things. we are not fit to gather up the crumbs from under your table. But with you is mercy and the power to remake us. So as we do in this place what you did

may hold, or living with the knowledge of a terminal illness. Lord, in your mercy, **hear our prayer.**

We pray for those disturbed or troubled in mind those whose confidence has broken down, those unable to cope with the pressures of daily life, those oppressed by false terrors of the imagination, those facing the dark despair of clinical depression. Lord, in your mercy, **hear our prayer.**

We pray for those afflicted in spirit those who feel their lives to be empty, or whose beliefs are threatened or who have lost their faith, or who worship gods of their own making with no power to satisfy, or whose hearts have become bitter and twisted, and their minds dark. Lord, in your mercy, **hear our prayer.**

Living God, we thank you for all who work to bring help, wholeness and healing to the sick doctors and nurses, surgeons and medical staff, psychiatrists, counsellors, clergy and therapists. Support and strengthen all those who share in the work of healing, all who strive to bring relief, all who minister to others. Lord, in your mercy, **hear our prayer.**

Grant them your wisdom and guidance, your care and compassion, your strength and support. Equip them in all they do, and bring wholeness through them. Lord, in your mercy, **hear our prayer.**

Merciful Father, **accept these prayers for the sake of your Son, our Saviour Jesus Christ. Amen**

Hymn - Tune: Les Garrett

This is the day,
This is the day that the Lord has made,
that the Lord has made;
We shall rejoice, we shall rejoice
And be glad in it, and be glad in it.
This is the day that the Lord has made,
We shall rejoice and be glad in it;
This is the day, this is the day
That the Lord has made.

This the day when He rose again,
We shall rejoice and be glad in it;
This is the day, this is the day
when He rose again;

This is the day
This is the day when the Spirit came;
when the Spirit came;
We shall rejoice, we shall rejoice
And be glad in it, and be glad in it.
This is the day when the Spirit came,
We shall rejoice and be glad in it;
This is the day, this is the day
when the Spirit came.

This is the day
This is the day when He rose again;
when He rose again;
We shall rejoice, we shall rejoice
And be glad in it, and be glad in it.

Blessing and Dismissal - We stand for the Blessing and Dismissal

The Spirit of truth lead you into all truth, give you grace to confess that Jesus Christ is Lord, and strengthen you to proclaim the word and works of God; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.**

To God, who is higher than our highest thoughts, yet closer than our closest friend, be thanks and praise, glory and honour, this day and for evermore. Amen.

Go in peace to love and serve the Lord. **In the name of Christ. Amen.**

in an upstairs room, send down your Holy Spirit on us and on these gifts of bread and wine that they may be to us your body and your blood, healing, forgiving and making us whole; And grant that we may become, for you, your body, loving and caring in the world until your kingdom comes. Amen

First Reading - 1 Corinthians 11:23-26

The Lord Jesus, on the night he was betrayed, took bread, and when he had given thanks, he broke it and said, "This is my body, which is for you; do this in remembrance of me." In the same way, after supper he took the cup, saying, "This cup is the new covenant in my blood; do this, whenever you drink it, in remembrance of me." For whenever you eat this bread and drink this cup, you proclaim the Lord's death until he comes.

O Lamb of God, you take away the sin of the world, have mercy on us. O Lamb of God, you take away the sin of the world, grant us your peace.

Bread & Wine is shared

Lord Jesus Christ, you have put your life in our hands. Now we put our lives in yours.

Take us, shake us, remake us; no longer is what we have been important; it is what, with you, we can be, starting now. Amen.

Second Reading – Mark 5:1-20

1 They went across the lake to the region of the Gerasenes. **2** When Jesus got out of the boat, a man with an impure spirit came from the tombs to meet him. **3** This man lived in the tombs, and no one could bind him anymore, not even with a chain. **4** For he had often been chained hand and foot, but he tore the chains apart and broke the irons on his feet. No one was strong enough to subdue him. **5** Night and day among the tombs and in the hills he would cry out and cut himself with stones.

6 When he saw Jesus from a distance, he ran and fell on his knees in front of him. **7** He shouted at the top of his voice, 'What do you want with me, Jesus, Son of the Most High God? In God's name don't torture me!' **8** For Jesus had said to him, 'Come out of this man, you impure spirit!'

9 Then Jesus asked him, 'What is your name?' 'My name is Legion,' he replied, 'for we are many.' **10** And he begged Jesus again and again not to send them out of the area.

11 A large herd of pigs was feeding on the nearby hillside. **12** The demons begged Jesus, 'Send us among the pigs; allow us to go into them.' **13** He gave them permission, and the impure spirits came out and went into the pigs. The herd, about two thousand in number, rushed down the steep bank into the lake and were drowned.

14 Those tending the pigs ran off and reported this in the town and countryside, and the people went out to see what had happened. **15** When they came to Jesus, they saw the man who had been possessed by the legion of demons, sitting there, dressed and in his right mind; and they were afraid. **16** Those who had seen it told the people what had happened to the demon-possessed man – and told about the pigs as well. **17** Then the people began to plead with Jesus to leave their region.

18 As Jesus was getting into the boat, the man who had been demon-possessed begged to go with him. **19** Jesus did not let him, but said, 'Go home to your own people and tell them how much the Lord has done for you, and how he has had mercy

on you.' **20** So the man went away and began to tell in the Decapolis how much Jesus had done for him. And all the people were amazed.

This is the word of the Lord. **Thanks be to God.**

Hymn - Tune - Iverson

Spirit of the living God,
fall afresh on me;
Spirit of the living God,
fall afresh on me;
break me, melt me,
mould me, fill me.
Spirit of the living God,
fall afresh on me;

Spirit of the living God,
fall afresh on us;
Spirit of the living God,
fall afresh on us;
break us, melt us,
mould us, fill us.
Spirit of the living God,
fall afresh on us;

Third Reading – Mark 7:31-37

31 Then Jesus left the vicinity of Tyre and went through Sidon, down to the Sea of Galilee and into the region of the Decapolis, that is, the Ten Cities **32** There some people brought to him a man who was deaf and could hardly talk, and they begged him to place his hand on the man. **33** After he took him aside, away from the crowd, Jesus put his fingers into the man's ears. Then he spit and touched the man's tongue. **34** He looked up to heaven and with a deep sigh said to him, "Ephphatha!" (which means, "Be opened!"). **35** At this, the man's ears were opened, his tongue was loosened and he began to speak plainly. **36** Jesus commanded them not to tell anyone. But the more he did so, the more they kept talking about it. **37** People were overwhelmed with amazement. "He has done everything well," they said. "He even makes the deaf hear and the mute speak." This is the word of the Lord. **Thanks be to God.**

Talk – Tomb dweller - Matthew Street

Hymn

1 How sweet the name of Jesus sounds
in a believer's ear!
It soothes his sorrows, heals his wounds,
and drives away his fear.

4 Jesus! my Shepherd, Husband, Friend,
my Prophet, Priest, and King,
my Lord, my Life, my Way, my End,
accept the praise I bring.

2 It makes the wounded spirit whole,
and calms the troubled breast;
'tis manna to the hungry soul,
and to the weary rest.

5 Weak is the effort of my heart,
and cold my warmest thought;
but when I see thee as thou art,
I'll praise thee as I ought.

3 Dear name! the rock on which I build,
my shield and hiding-place,
my never-failing treasury filled
with boundless stores of grace.

6 Till then I would thy love proclaim
with every fleeting breath;
and may the music of thy name
refresh my soul in death.

Prayers of Intercession

Loving God, we bring before you the sick and suffering of our world, all those wrestling with illness in body, mind or spirit. Lord, in your mercy, **hear our prayer.** We pray for those afflicted in body enduring physical pain, overwhelmed by disabling disease, waiting for an operation or further treatment and fearful of what the future